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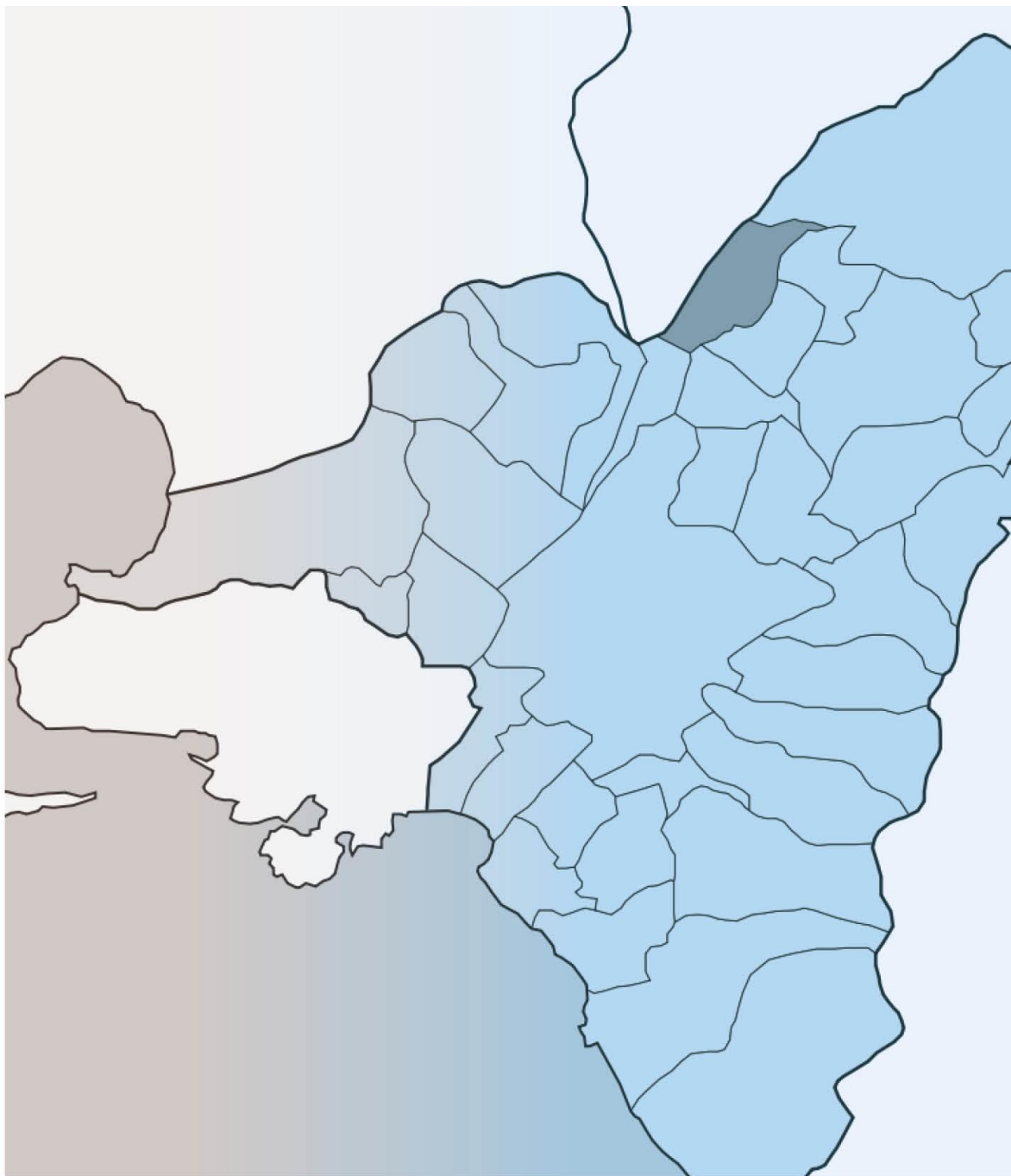
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POPULATION
29.891





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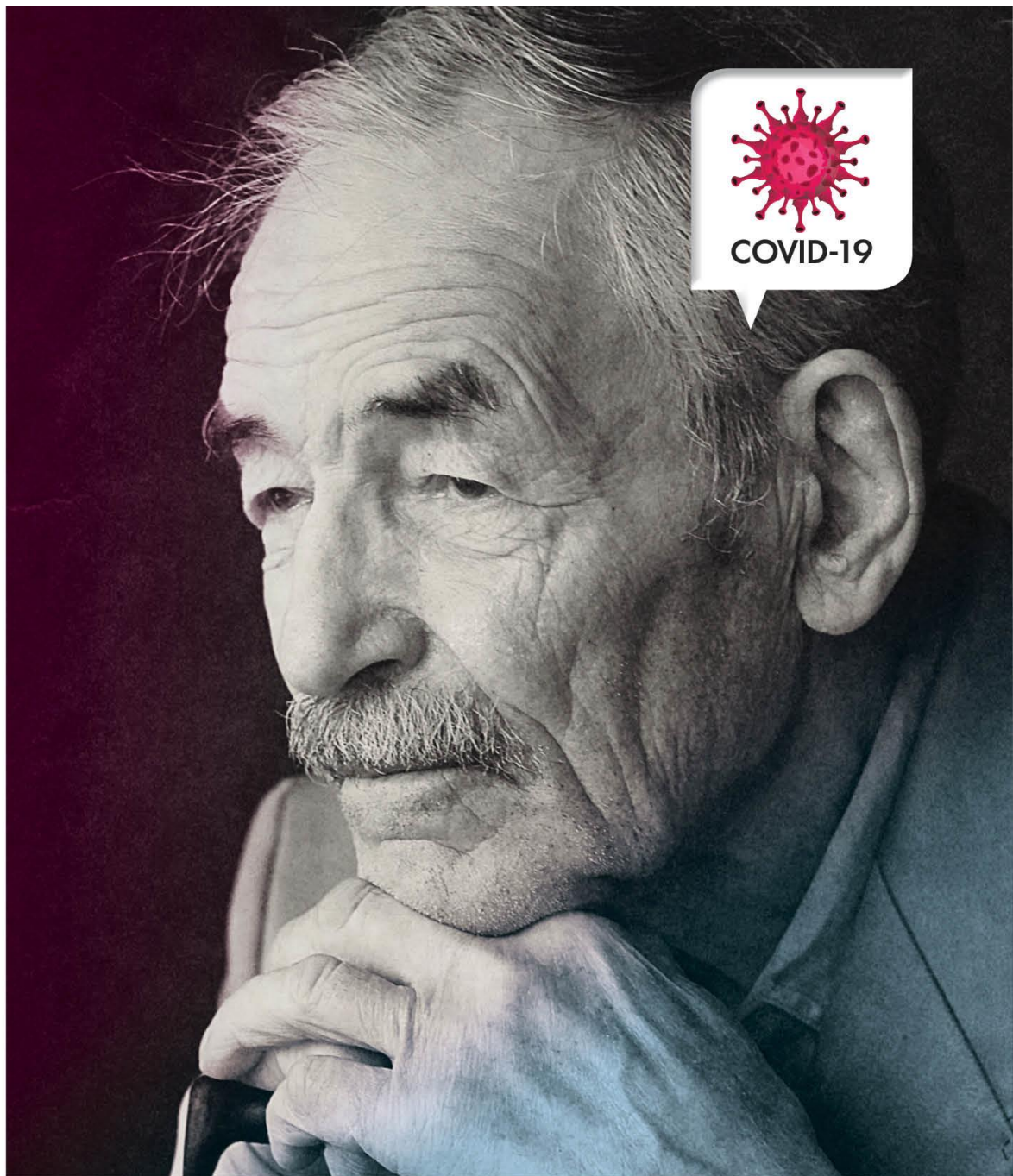
PREVENTION OF DEPRESSION AND LONELINESS OF ELDERLY PEOPLE DURING COVID 19





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LONELINESS
FEAR
DEPRESSION





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PREVENTION
BUT NOT ALONE





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MENTAL HEALTH



PSYCHOLOGICAL
SUPPORT
BY PHONE



DEPRESSION
TEST
BY PHONE



RECORDING
OF NEEDS



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HELP
AT HOME



STAY SAFE

SOCIAL
SUPPORT

HEALTH
CARE

SHOPPING
OF FOOD
AND
MEDICINE

PSYCHOLOGICAL
AND SOCIAL
CONTACT



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FRIENDSHIP IN ALL AGES

Creating small groups of volunteers
who connect with elderly people,
aiming the development of a friendship.

Volunteers of all age groups adopt
telephone communication with an elderly person,
with the supervision and guidance
of the Municipal Social Service and
the "Prevention Institute".

The aim is to combat loneliness
that is most pronounced during the pandemic.



PROLEPSIS
INSTITUTE



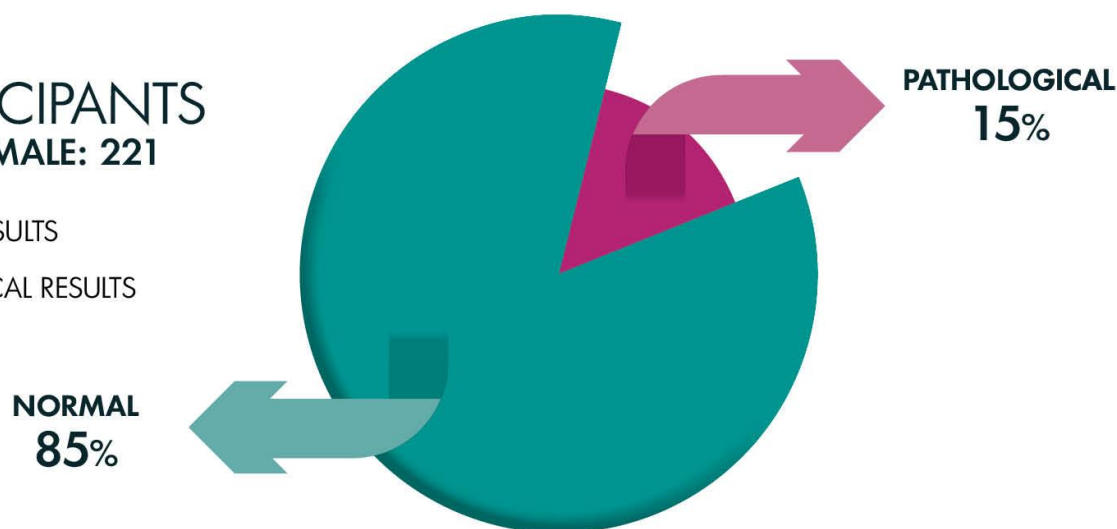


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PREVENTION OF **DEPRESSION** AND **LONELINESS** OF ELDERLY PEOPLE DURING COVID 19

282 PARTICIPANTS
MALE: 61 / FEMALE: 221

■ NORMAL RESULTS
■ PATHOLOGICAL RESULTS



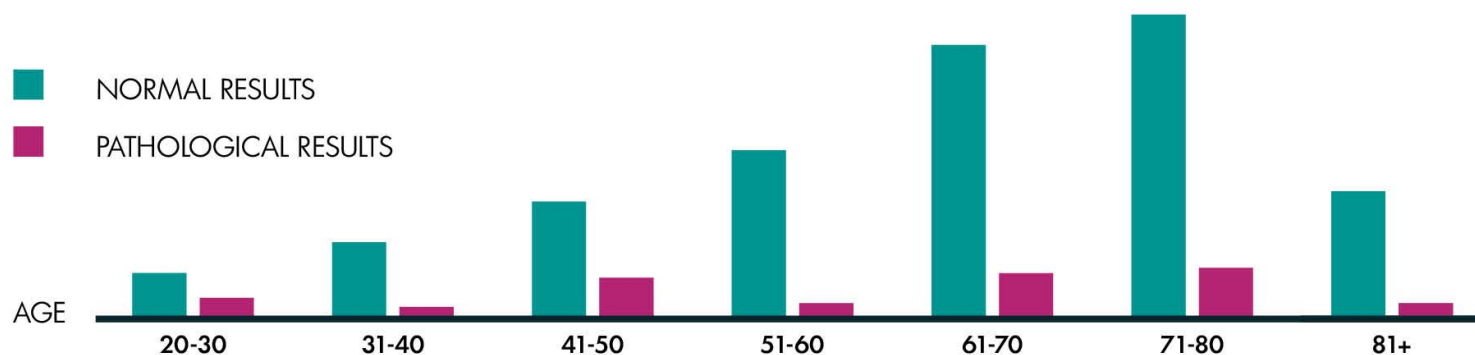
282 people took part on the Program for the Prevention of Depression. 221 female and 61 male participants. 15% showed pathological results and were referred for further psychiatric evaluation and treatment and 85% showed normal results.





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PREVENTION OF DEPRESSION AND LONELINESS OF ELDERLY PEOPLE DURING COVID 19



Participation in the program of Prevention of Depression was greater, in the age group **above 51 years (76,4%)**. The lowest participation rate was in the age group **20-30 years (5%)** and **31-40 years (6,6%)**. Beside their lowest participation rate, almost half of younger participants of the age group **20-30 years showed pathological results**.

THANK YOU



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